

2021 COVID-19 PROTOCOLS

ST. MARTIN PARISH RECREATIONAL PROGRAM

St. Martin Parish Government is pleased that the 2021 Spring/Summer recreational program will be possible. The objective of the Parish is to encourage as much participation as possible without compromise to the safety and health of the youth, coaches, umpires, and their family members. It is believed that adherence to the following protocols will meet that objective and afford a safe environment for both participants and spectators.

In drafting the following protocols, the Parish President has considered the guidelines and recommendations of the Center for Disease Control, the Louisiana Department of Health, and the Louisiana Department of Education inclusive of specific guidelines established for K-12 athletic events. Additionally, input was solicited from the recreational directors for the Parish. Hopefully, many of these guidelines will be relaxed as our state continues to make progress in controlling COVID-19.

This Guidance is divided into three (3) areas:

1. Social Distancing Measures;
2. Symptom Monitoring; and,
3. Personal Hygiene.

Parish Government has the utmost confidence in our community to adhere to effective practices that will indeed encourage outdoor activities for our youths and keep them safe.

A. Social Distancing Measures

1. All spectators must maintain a distance of six (6) feet apart from individuals who are not immediate household members.
2. Only team members and two (2) coaches are allowed in any dugout.
3. No congregation on the field or the spectator areas shall be allowed either before or after games.
4. Teams must not meet after the games to shake hands or otherwise greet each other or otherwise congregate.
5. The social distancing requirements of six (6) feet shall apply to all concession areas.

B. Symptom Monitoring

1. No participant, coach, or umpire who exhibits any COVID-19 symptom or who has a temperature of 100.4 F shall be allowed to participate in any practice session or game.
2. CDC and LDH guidelines must be followed relative to any coach, player, or umpire who has tested positive for COVID-19 or has been in close contact with someone who has tested positive. “Close contact” occurs when one spends a total of 15 minutes within six feet of an infected person over the course of a 24-hour period, starting two days before the onset of illness. For example, if one had three five-minute exposures to the person over the course of a day, that would count as close contact. Any instance of a positive test or close contact must be reported to the coach and park director.
3. During practices or games, coaches and parents or custodians of participants should watch for anyone who exhibits signs of illness which could include flushed cheeks, rapid breathing, or difficulty breathing, or unusual fatigue.

C. Personal Hygiene/Face Coverings

1. Adults and children, as the inherent nature of the activity will permit, shall wear face cloth masks. Excepted from this requirement are children under the age of two years or individuals who may have breathing conditions. For clarification, players need not wear masks while participating in games or practices.
2. Communal or team hydration stations are not allowed. Participants and coaches should use their own water bottles or sport drinks and must refrain from sharing them with others. Single use water bottles and sport drinks may be used or provided.
3. Whenever feasible, participants should utilize their own equipment such as bats, helmets, gloves, and catcher’s equipment.
4. Participants should use disinfectants before, during, and after practices or games, whenever appropriate such as after coming into physical contact with others or after using shared equipment.
5. All equipment should be sanitized after games or practices.

Note: Scheduling of practices or games will be subject to change in order to achieve reasonably safe numbers at the various venues. Also, these guidelines shall not be deemed to supplant any mandate established by gubernatorial orders.